

7th - 9th Summer School 2025 Frederic School District

- 3-4 **Summer Saunters**June 9th 13th (8:45am-3:15pm)
- **8** Junior Lifeguard Class July 7th - July 18th (7:50am - 1:00pm)
- 5 7th 9th Grade June 16th - July 3rd (7:50am-1:00pm)
- 9 Swimming Lessons July 7th - July 18th (7:50am - 1:00pm)
- 6 Summer Reading Program Beanstack App Information
- Sports Camp July 7th - July 18th (1:00-3:15pm)
- 7 Frederic Arts Center Afternoon Program
- Vikings Theater Company
 July 28th August 1st (7:50am-1:00pm)

REGISTER NOW



Registration closes April 4th, 2025

Please sign up your student for classes using the grade they will be entering in the fall.

Breakfast and Lunch

We will be serving breakfast and lunch to all students attending summer school at no cost.

Transportation

Bus pickup and drop-off from home is available from June 16th to July 3rd. If your student requires busing, please inform the Elementary office as soon as possible. Your bus driver will communicate the times shortly before the session begins on June 16th, 2025.

Attendance

Please ensure your student attends all registered classes. Supplies are purchased based on registration, and "drop-outs" and "no-shows" prevent other students from attending and increase costs for the school district. We kindly remind all parents and students that attending summer school is a privilege that should be respected.

After School Plans

Please inform the office of your student's default after school plan for summer school and any daily changes.

This ensures a safe and smooth transition to the correct location.

Class Fees

Some of our classes/offerings have a fee associated with them. Please submit all payments to the Frederic Elementary School or pay via Infinite Campus under the Fees section.

Class Enrollment

Classes operate on a first-come, first-served basis. A class requires a minimum of 6 students and is capped at 25 students, unless noted. The class will become unavailable if either criteria is met.

Out of District Students

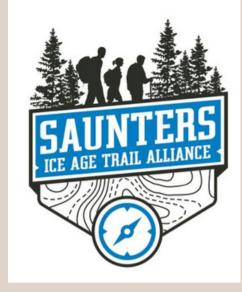
Families who do not live in the Frederic school district or are not currently open enrolled at Frederic School District will be charged <u>\$75 per student</u>, <u>per week</u> to attend. The family maximum will be <u>\$225 per week</u>. Enrollment will be capped per class. Frederic students will receive priority when registering for classes. Transportation is only provided for resident students. Classes with associated fees will still apply.

If you have questions or need more information, contact the 6-12 Office. Dawn Owens at owensd@frederic.k12.wi.us or 715-327-4223.

SUMMER SAUNTERS

JUNE 9TH-13TH, 2025

8:45AM-3:15PM



CALLING ALL STUDENTS ENTERING 3RD, 4TH, 5TH, AND 6TH GRADE. WE WANT YOU! YOU WILL GET TO EXPLORE AND WALK 3-6 MILES DAILY ON THE ICE AGE TRAIL. YOU'LL LEARN ABOUT WILDLIFE, GEOLOGICAL HISTORY, NAVIGATION, PLANTS, AND MORE! SAUNTERS WILL FIND THEMSELVES WALKING, PLAYING GAMES, EATING TRAIL LUNCH, WRITING IN JOURNALS, AND EXPLORING THE WOODS. STUDENTS ENTERING GRADES 7TH - 12TH, WE'D LOVE YOU TO JOIN AS HIKING MENTORS TO HELP LEAD GROUPS ALONG THE TRAIL!

THIS PROGRAM HAS RUN FOR MANY YEARS AND WE WILL AGAIN ASK FOR A \$10 T-SHIRT FEE PER STUDENT TO OFFSET PROGRAM EXPENSES. THIS FEE WILL NEED TO BE PAID NO LATER THAN WEDNESDAY, JUNE 4TH 2025.

FEW IN THE STATE GET TO CALL THEMSELVES A SUMMER SAUNTER BUT YOU WILL GET THIS RARE HONOR AFTER COMPLETING THIS WEEK OF HIKING!

PLEASE NOTE OF THE REGISTRATION FORM IF YOU WOULD LIKE YOUR STUDENT TO JOIN THIS PROGRAM.

GEAR LIST:

PLEASE LABEL ALL YOUR GEAR WITH YOUR NAME

- DAYPACK (BACK PACK)
- LUNCH/SNACKS
- WATER BOTTLES
- INSECT REPELLENT
- GOOD SHOES (NO FLIP FLOPS)
- PERSONAL FIRST AID KIT
- HAT
- SUNSCREEN

- LIP BALM
- WET WIPES
- SUNGLASSES
- BANDANA
- HAND SANITIZER
- EXTRA SOCKS
- RAIN GEAR
- A SENSE OF ADVENTURE!

SUMMER SAUNTERS ITINERARY 2025

MONDAY, JUNE 9TH 3.4 MILES

9:00am - Load bus @ Frederic Elementary main doors.

9:45am - Arrive at Straight Lake River Segment Hike starting point at 270th Ave,

10:45am - Snack on the trail.

12:30pm - Trail lunch *STUDENTS WILL NEED A HOME LUNCH*

2:45pm - End hike at Round Lake Road; Load bus to return 3:15pm - Return to Frederic Elementary School for pickup.

TUESDAY, JUNE 10TH 3.8 MILES

9:00am - Load bus @ Frederic Elementary main doors. 9:30am - Arrive at McKenzie Creek segment on Cty.Rd.W

10:45am - Snack on the trail.

12:30pm - Trail lunch *STUDENTS WILL NEED A HOME LUNCH* 2:40pm - End hike at 60th Street (Clam Falls) Load bus to return 3:15pm - Return to Frederic Elementary School for pickup.

WEDNESDAY, JUNE 11TH 4.6 MILES

9:00am - Load bus @ Frederic Elementary main doors. 9:30am - Arrive at McKenzie Creek segment on Cty.Rd.W

10:45am - Snack on the trail.

12:30pm - Trail lunch *STUDENTS WILL NEED A HOME LUNCH*

2:00pm - Snack on the trail.

2:40pm - End hike at Cty.Rd.O; 270th Ave. Load bus to return. 3:15pm - Return to Frederic Elementary School for pickup.

THURSDAY, JUNE 12TH 2.0+ MILES

9:00am - Load bus @ Frederic Elementary main doors.

9:40am - Arrive at Interstate Park in St. Croix Falls.

9:50am-12:30pm - Rotations including Pothole trail, snack, interpretive center and more!

11:30am - Lunch on the trail or at the beach

STUDENTS WILL NEED A HOME LUNCH

1:00pm - Swim at the beach; STUDENTS WILL NEED SWIM GEAR 2:30pm - Load bus to return.

3:15pm - Return to Frederic Elementary School for pickup.

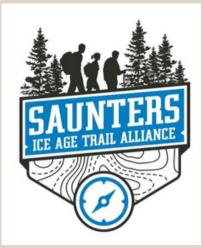
FRIDAY, JUNE 13TH 2 MILES

9:00am - Load bus @ Frederic Elementary main doors. 9:15am - Hike the Straight Lake River segment; 280th Ave

11:30am - Arrive at Coon Lake Park in Frederic

12:00pm - "What it means to be a Saunter" presentation with lunch to follow.

1:00pm - Students leave with parents/guardians.



WE ARE LOOKING FORWARD TO GOING ON THIS ADVENTURE WITH YOU!

IF YOU HAVE ANY **OUESTIONS PLEASE** CALL MEGAN CHALLONER 715-327-4221 OR **EMAIL AT**

challonerm@frederic.k12.wi.us



WE INVITE PARENTS TO JOIN US AT COON LAKE PARK ON FRIDAY, JUNE 13TH AT 11:30 AM FOR A LUNCH CELEBRATION PROVIDED BY THE INDIANHEAD CHAPTER OF ICE AGE TRAIL. STUDENT PICKUP TO FOLLOW.

Join us for



Specific class offerings will be determined based on enrollment numbers. Details to follow...

JUNE 16th – JULY 3rd 7:50am – 1:00pm

If you have any questions, please contact the 6-12 office. Dawn Owens at owensd@frederic.k12.wi.us



SUMMER READING PROGRAM

Students can come with a parent/guardian to the Elementary library on **Wednesdays** from June 11th to July 30th. They can read and check out books between 1:00pm and 2:00pm.



720 minutes from June 1st - July 31st, 2025. Log minutes to earn badges! Each badge earns tickets for a summer reading prize drawing!

Please reach out to Johanna Steiber for more information about using Beanstack at home. stieberj@frederic.k12.wi.us



1:15-3:15 PM

GRADES 5-8
Tuesdays
June 17th, 24th, & July 1st
\$10 fee

TRANSPORTATION

Transportation is provided after summer school to the Frederic Arts Center!

PICKUP

Parents/Guardians must pick-up their student(s) at 3:15pm from the Frederic Arts Center. Students that are signed up for Kids Club at Roots and Branches will be brought back to the school.

HANDS ON LEARNING

Many hands on learning opportunities and art projects with local artists!



JUNIOR LIFEGUARDING SWIMMING COURSE

Recommended for students ages 11-14, who have passed American Red Cross Level 4 swimming lessons.

The Junior Lifeguarding Course is to build a foundation of knowledge and skill for future lifeguards. Participants are not required to master or perfectly execute the skills, but learn techniques and build stamina. The course does not certify participants in lifeguarding, first aid, CPR or AED use.



30 HOUR COURSE:

July 7th-11th from 7:50am - 1:00pm July 14th - 18th from 7:50am - 1:00pm



<u>Prerequisites to enter Junior Lifequarding is as follows:</u>

- Swim the front crawl for 25 yards continuously while breathing to the front or side
- Swim the breaststroke for 25 yards continuously while using a pull, breathe, kick, and glide sequence.

Students will complete the Water Competency Sequence:

- Step into the water and fully submerge.
- Maintain position for one minute by treading water, floating, or a combination of the two.
- Rotate one full turn and orient to the exit.
- Level off and swim on the front or back 25 yards.
- Exit without using a ladder or steps.

All classes are from the Learn To Swim Program by the American Red Cross and taught by certified Water Safety instructors.

Parents/guardians must drop off and pick up from the Elementary school. School bus transportation is provided from the Elementary school to the Unity pool.



\$18 CLASS FEE

SWIMMING LESSONS Offered for Grades KG-9th

Capped at 130

SESSION DATES:

July 7th-11th from 7:50am - 1:00pm July 14th-18thfrom 7:50am - 1:00pm

| LEVEL | AGE | DESCRIPTION |
|-------------------------------------|---|---|
| PRE-LEVEL 1 | AGE 4-5 | Classes take place in the kiddie pool with progression to the big pool. Swimmers will work on entering and exiting the pool independently, submerging mouth and lowing bubbles, front and back gliding with assistance, and combining arm and leg motions on the front and back with assistance. |
| LEVEL 1 INTRO TO WATER SKILLS | AGE 5 & UP | Basic swim and safety skills will be performed with assistance in the big pool. Swimmers will work on bobbing, retrieving submerged objects, front and back glides, combined and simultaneous arm and leg actions on the front and back with assistance. |
| LEVEL 2 FUNDAMENTAL AQUATIC SKILLS | AGE 6 & UP | Basic swim and safety skills will be performed without assistance in the big pool. Swimmers will work on submerging, front and back glides, combined, alternating, and simultaneous arm and leg actions on the front and back without assistance. Swimmers must perform the exit skill of swimming on the front for 5 body lengths, rolling to their back, floating for 15 seconds, rolling to their front, and then continuing swimming for 5 body lengths to move onto level 3. |
| LEVEL 3 STROKE DEVELOPMENT | AGE 7 & UP OR COMPLETION OF LEVEL 2 | Swimmers will focus on flutter, scissor, breaststroke, and dolphin kicks. They will focus on increasing their distances of the Front Crawl, Elementary backstroke, and Back Crawl. Introduction to diving. |
| LEVEL 4 STROKE IMPROVEMENT | SUCCESSFUL COMPLETION OF LEVEL 3 | Swimmer should already be able to: swim front and back crawl 25 yards. Swimmers will work on rotary breathing, freestyle, backstroke, elementary backstroke, scissor kicks, side strokes, whip kicks, breast strokes, treading water with modified scissor kicks, and diving from a kneeled position. |
| LEVEL 5 STROKE REFINEMENT | SUCCESSFUL COMPLETION OF LEVEL 4 | Swimmer should already be able to: swim freestyle, breast stroke and backstroke 25 yards, scissor kick, ship kick, tread water, and dive. Swimmers will work on: alternate breathing, stride jump, refinement of all stroke, kick, and turn skills. Feetfirst diving skill introduction and treading water refinement. |
| LEVEL 6 SKILL PROFICIENCY | SUCCESSFUL COMPLETION OF LEVEL 5 | Swimmer should already be able to: swim front and back crawl 50 yards, back stroke, breast stroke, and butterfly 25 yards, sidestroke 10 yards, tread water for 3 minutes, and dive. Swimmers will work on: all six strokes, front and back crawl flip turn, stroke turns, pike and tuck surface dives, pike and tuck dive from the board, tread water for 5 minutes, and basic water rescue. |

All classes are from the Learn To Swim Program by the American Red Cross and taught by certified Water Safety instructors. There will be a \$15 fee to participate in Swimming Lessons.

Parents/guardians must drop off and pick up from the Elementary school. School bus transportation is provided from the Elementary school to the Unity pool.

JOIN US AFTER SWIMMING LESSONS FOR



GRADES

3-8

CAPPED AT 120

JULY

7-11 & 14-18

1:15PM - 3:15PM

\$10

T-SHIRT FEE

SPORTS ROTATIONS HAPPENING AT

FREDERIC ELEMENTARY & 6-12 BUILDING



MONDAY: BASKETBALL



TUESDAY: VOLLEYBALL



WEDNESDAY: FOOTBALL



THURSDAY: BASEBALL/SOFTBALL



FRIDAY: TRACK & FIELD

EACH DAY WILL INTRODUCE THE SPORT AND WORK ON FUNDAMENTALS. COACHES FROM EACH SPORT ARE PLANNING ON JOINING US!
DROP OFF AND PICK UP FROM THE ELEMENTARY SCHOOL

BACK BY POPULAR DEMAND...

VIKING THEATER COMPANY

JULY 28TH - AUGUST 1ST

GRADES 3-9

CAPPED AT 30

7:50AM-1:00PM

Students will design a set, learn lines, and perform a complete play all in one week!

Parents/guardians must provide transportation to and from the Elementary school.

\$10 T-SHIRT FEE

Families and friends are welcomed and encouraged to join for the performance on Friday, August 1st at 12:00pm in the Elementary gym.